

# **HOW TO PLACE YOUR INFORMATION IN THE INTERNATIONAL TEACHER'S DIRECTORY**

There are 3 choices.

## **CHOICE #1    **FREE!****

The only thing you have to do is send us your information.

Name/ Phone/ Email/ Yoga Style/ Location/ Web site

Name: Aama Gidron

Phone: 401.300.8392

Email: mgidron@earthlink.net

Yoga Style: Iyengar Yoga

Location: Providence

Web Site: [www.alliyengar.com](http://www.alliyengar.com)

## **CHOICE #2    **\$60 A YEAR****

Name: Aama Gidron

Phone: 401.300.8392

Email: mgidron@earthlink.net

Yoga Style: Iyengar Yoga

Location: Providence

Web Site: [www.alliyengar.com](http://www.alliyengar.com)

**CHOICE #3    \$108 A YEAR**

**Name:** Aama Gidron

**Phone:** 401.300.8732

**Email:** mgidron@earthlink.net

**Yoga Style:** Iyengar Yoga

**Location:** Providence

**Web Site:** [www.alliyengar.com](http://www.alliyengar.com)

You can pay online with your credit card through our Yoga studio web site. Just click “pay now”, then place the amount, and click “update totals”. At last, write down your billing information. Immediately you will receive an email with the invoice.

<http://studio.theseecretsofyoga.com/rates.html>

If you need to contact: [indrak@theseecretsofyoga.com](mailto:indrak@theseecretsofyoga.com)

The changes will be posted within a week, and it will expire a year from the day that it was posted.